

PGA CATALUNYA

GOLF AND WELLNESS

Dear European Golf Association and Real Federación Española de Golf,

We are glad to communicate you that we will have the honour to host from the 6 to 10 July 2021 the **European Amateur Team Championship**, on the Stadium course.

This spectacular and imposing course has been consistently ranked among the best ten golf courses in Europe since it was opened in 1999 and was voted #4 in continental Europe and #1 in Spain in 2019. As the venue for numerous PGA European Tour events, it is also routinely singled out for praise from the professional playing fraternity.

PGA Catalunya Golf and Wellness Resort has different options for the accommodation of your teams as follows:

HOTEL CAMIRAL**** BED & BREAKFAST (Buffet breakfast and VAT included) Tourist Tax Not Included Price per night Single Room: 205 € Price per night Double Room: 215 €

Located close to the clubhouse, Hotel Camiral combines contemporary design with striking urban-chic interiors. It is a member of the coveted Leading Hotels of the World portfolio.

Website: Camiral Hotel

LAVIDA HOTEL ***

BED & BREAKFAST (Buffet breakfast and VAT included) Tourist Tax Not Included Price per night Single Room: 135 € Price per night Double Room: 145 €

LAVIDA Hotel is a stylish and modern hotel aimed at the active traveller, featuring a swimming pool and a restaurant. It also offers convenient access to the resort's other facilities.

Website: Lavida Hotel

Both options are inside the resort very close (walking distance) to the Stadium Course and the Club House.

Please, make your reservation contacting our reservations department: reservations@pgacatalunya.com Tel: +34 972 472 249

Kind regards,

Jaume Donjó Hotels General Manager PGA Catalunya Golf and Wellness



PGA CATALUNYA

GOLF AND WELLNESS





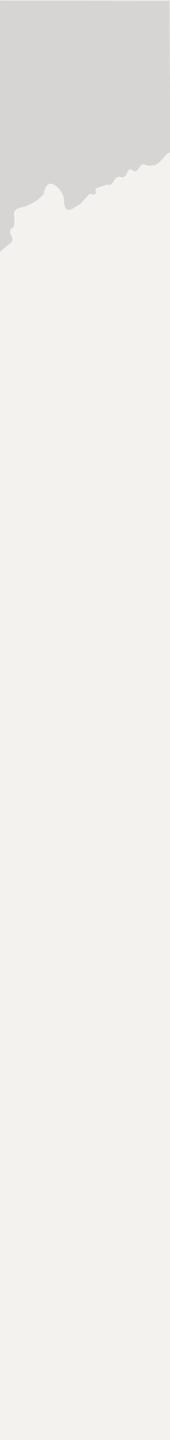
PGA Catalunya Golf and Wellness is a fully- serviced lifestyle resort with an unrivalled location less than an hour from the vibrant metropolis of Barcelona, 25 minutes from the beaches of the Costa Brava and just 15 minutes from the historic town of Girona. Award-winning and recognized as one of the best golf resorts in Europe, it is one of the world's leading real estate developments and fully- serviced lifestyle resorts.

It incorporates two championship golf courses, a 5-star luxury hotel, the Hotel Camiral, a contemporary Hotel, Hotel Lavida, Kids Club facilities and wide-ranging gastronomy options. PGA Catalunya Golf and Wellness offers a myriad of outdoor activities designed to encourage guests to enjoy the picturesque surroundings.





• HELSINKI • OSLO • STOCKHOLM • COPENHAGEN • AMSTERDAM • BERLIN • FRANKFURT • VIENNA • ZURICH • MILAN







ANDORRA

SPAIN



• BARCELONA

Costa

Brava



Girong



A prestigious resort in a privileged location

Situated between mountains and sea, with an unbeatable climate.



Resort Map

↑ Girona↓ Barcelona



PGA CATALUNYA GOLF AND WELLNESS



The Stadium Course Vorious 13th











WORLD-CLASS PRACTICE FACILITIES

The first Academy in Spain to install GEARS Golf a full swing club and body tracking system used by PGA professionals

THE GOLF HUB



TRACKMAN UNLEASH YOUR POTENTIAL







Sight Line
Posture Line
Head Bubble
Shoulder Plane
Elbow Plane
Vertical Plane

Body Graphs

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- ✓ Pelvis Sway/Thrust
- Ribcage Sway/Thrust
- Pelvis Angles (Turn, Bend, Side Bend) Ribcage Angles (Turn, Bend, Side Bend) Lead Shoulder Adduction Angle Lead Wrist Set Angle
- Body Lines
- Frontal Bend
- Lateral Tilt

Club and Ball

- 🖌 Ball
- 🖌 Club
- Impact Vectors
- Clubhead Vectors
- Clubhead Path Hand Path
- Swing Planes
- Shaft Plane
- Deflection/Droop Grid
- Shaft Deflection Line
- Shaft Extension Line
- Face Angle Line

	Club Graphs	$\overline{}$	Body Graphs	X	Snapshots (0)	
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THE GOLF HUB







One of Europe's largest putting and chipping greens





Clubhouse spaces



The Club Café

PGA CATALUNYA RESORT



An informal setting to enjoy classic dishes

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5-Star hotel in the heart of a breath-taking region

A blend of modern aesthetics and natural environment

HOTEL CAMIRAL

A MEMBER OF





HOTEL CAMIRAL

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Richly textured living spaces

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to ensure you have everything you need for a perfect stay





2 Restaurants & Pool Bar 8 Meeting & Banqueting Rooms Wellness Fitness Outdoor Heated Pool Sports facilities Tennis and Paddle courts Kids Club

HOTEL CAMIRAL





Restaurants and terrace Outdoor heated pool Cycling facilities Buggy parking

Designed specifically for golf and cycling enthusiasts







Views to the hole 16 Stadium course



LAVIDA HOTEL

Comfortable rooms



From luxury apartments to villas we have a wide range of properties to suit your taste and budget

HOLIDAY RENTALS





Holistic, personalised wellness where natural healing is accelerated by high-tech therapy





WELLNESS CENTRE

Our philosophy reflects the overarching wellness ethos at PGA Catalunya Golf and Wellness.

We put guests at the centre of a holistic sphere that embraces movement, recovery, relaxation, traditional and cutting-edge therapies and expertise in nutrition.

We aim to meet our guests' needs in a holistic and personalised way, whether they are seeking an escape from the stresses of everyday life, or looking to make a conscious shift towards a healthier lifestyle.

Holistic weiness for life







Wellness Centre is located beside Hotel Camiral, in a 1,000 sq m building designed by the renowned Lagula Architects with a light, bright indoor-outdoor feel that invites the natural surroundings in.

Space to unwind





- Reception & waiting area
- Consultation areas
- Cryotherapy, oxygen & photo bio modulation chambers
- Gym & yoga studio
- Full-facility treatment rooms -8 single, one double
- Hammam
- Relaxation & recovery areas
- Thermal pavilion with steam & sauna
- Hot & cold plunge pools
- Changing facilities
- Boutique

Bookings of 90 minutes and over come with access to all areas of the wellness centre including the thermal pavilion, so you can spend time relaxing prior to treatments and integrating their benefits afterwards

Bookings of under 90 minutes are reserved for in-house hotel guests & residents





WELLNESS CENTRE

An integrated approach

At Wellness Centre next-generation therapies, backed by the latest technology, work in synergy with traditional, natural treatments and rituals to accelerate and maximise the beneficial effects of taking time for yourself.

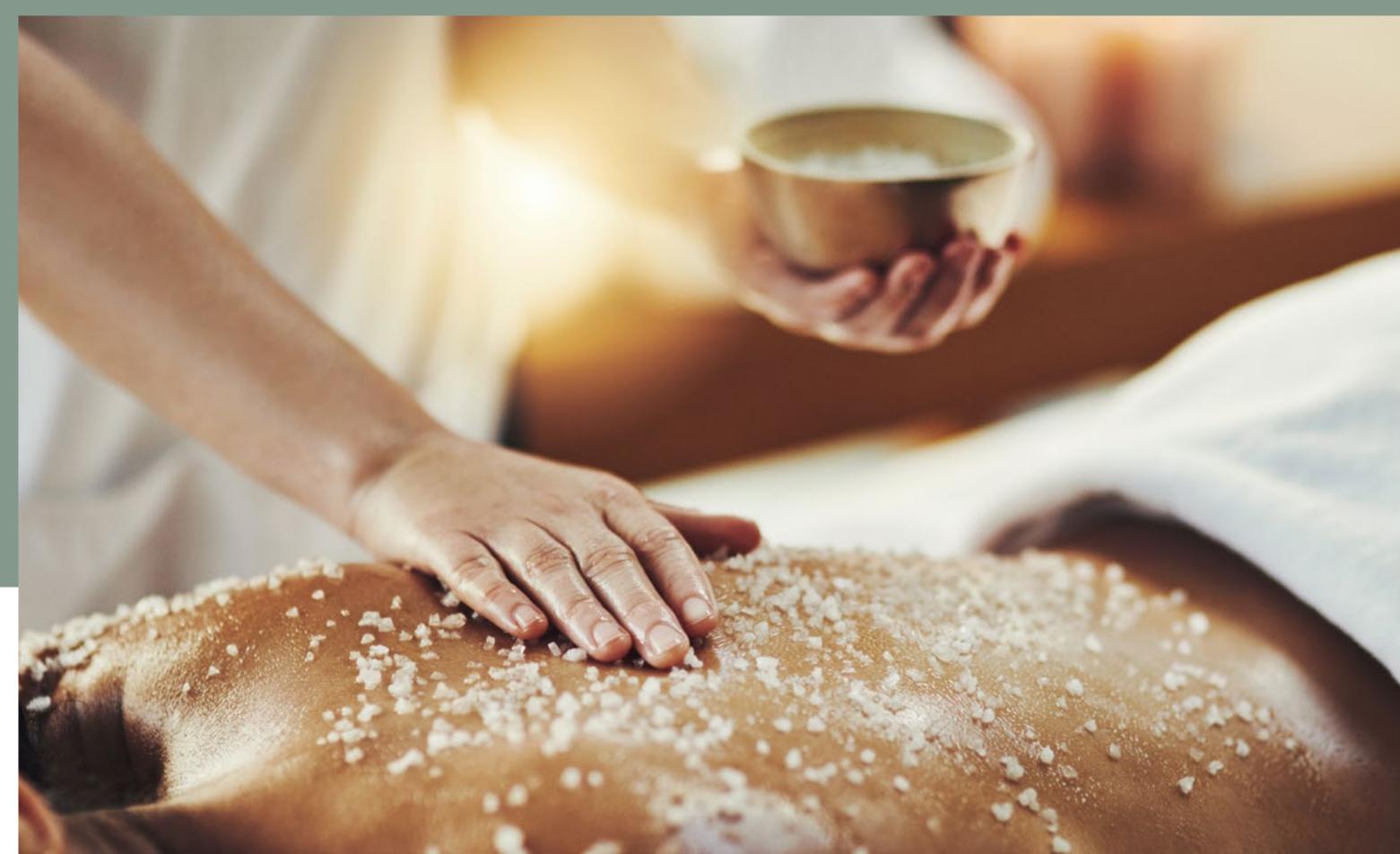
This integrated approach is rare to find in a relaxed resort setting.



Normally only accessible at residential wellness clinics or elite athlete facilities, these therapies are an integral part of our offering at Wellness Centre, offering a low-touch approach and instantly-felt benefits.

Our high-tech therapies

WELLNESS CENTRE



- Whole-body cryotherapy at -110C
- Oxygen therapy
- Intravenous vitamin infusions
- Photo bio modulation



Traditional, natural treatments & rituals

WELLNESS CENTRE

Our essential edit of treatments that bring tangible physical and emotional benefits.

BODY TREATMENTS

- Signature hammam experience
- Essential oil holistic massages
- Miracle mother-to-be massage \bullet
- Hands & feet treatments •

FACIALS

- Aromatherapy Associates essential oil-based
- State-of-the-art science-based, by Biologique Recherche

RITUALS

A choice of three two-hour mini retreats to take guests on a physical and emotional journey of the senses, reconnecting to the self for optimum revitalisation.



Inclusive, personalised programmes

WELLNESS CENTRE



We offer a variety of one- and two-day programmes, focused around Celebration and Vitality concepts and thoughtfully crafted to reflect guests' needs, interests and time.

Our programmes are designed to maximise the effects of cutting-edge, high-tech therapies working in synergy with traditional, natural treatments - all within a relaxed, spacious environment where guests can take as much time as they need to feel the benefits.



We work with two of the world's leading brands to deliver our traditional treatments and rituals.

Aromatherapy Associates was a pioneer in the field of essential oil blending, understanding how each oil drawn from nature's healing palette plays a key, active role in supporting physical and emotional well-being.

Paris-based Biologique Recherche has been at the leading edge of sciencebased skincare since the 1970s, developing formulations based on pure, raw active ingredients for optimum effectiveness.

WELLNESS CENTRE

Our partners

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